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Media Contact

Arden Crawford

[ardenc@carolfoxassociates.com](mailto:ardenc@carolfoxassociates.com)

773-327-3830 x 486

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**UPWARD DOG: 360 CHICAGO HOSTS PUPPY YOGA CLASS BENEFITTING ONE TAIL AT A TIME  
ON SATURDAY, OCTOBER 19 AT 7:30 A.M.**

Tickets include admission to Observation Deck, an instructor-led yoga class, puppy playtime with adoptable dogs looking for their fur-ever homes, a complimentary mimosa or coffee and unlimited puppy kisses.

CHICAGO – **360 CHICAGO**, the iconic observation deck on the 94<sup>th</sup> floor of 875 N. Michigan Ave, will put a new spin on downward dog with a special Puppy Yoga iteration of their weekly Sky Yoga class on Saturday, October 19 at 7:30 a.m. The Puppy Yoga class will benefit One Tail at a Time, a local rescue working to end pet homelessness by placing animals in loving homes and making pet ownership accessible for everyone. Following a forty-minute class, yogis can enjoy a playtime session with the adorable and adoptable puppies in attendance.

“One Tail at a Time is a wonderful organization, and we are grateful for their partnership and efforts in animal rescue. Many of our team members are lucky enough to have adopted through their organization,” said Nichole Benolken, Managing Director of 360 CHICAGO. “With so many animals – not just puppies – looking for their forever homes, we’re hopeful this event can raise awareness of the fantastic work that One Tail at a Time does every day, and help more pets find good homes.”

“We are so grateful to 360 CHICAGO for their support of our mission and for welcoming us for Puppy Yoga,” said Kim Thomas, Marketing Manager of One Tail at a Time. “We couldn’t ask for a more beautiful backdrop for what is sure to be a paw-sitively amazing event against the stunning Chicago skyline.”

Tickets to the Puppy Yoga Class are available for \$75 at <https://360chicago.com/puppy-yoga>. All proceeds from the event will be donated to One Tail at a Time. After class and puppy play time,

guests are welcome to stay as long as they'd like to take in the views, enjoy either a complimentary mimosa or Kikwetu coffee, and speak with One Tail at a Time volunteers about the adoption process and other ways to support the organization. Doors open for the event at 7:15 a.m. Participants only need bring their own yoga mat.

Sky Yoga is held weekly at 360 CHICAGO on Saturdays normally at 7:45 a.m. Classes are led by experienced instructors and are perfect for visitors of all ages and skill levels.

If a guest is interested in adopting, they are welcome to fill out an adoption application in advance and can speak with an adoption counselor onsite to find out more information about the process.

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### **About One Tail at a Time**

One Tail at a Time is a non-profit organization that focuses on rescuing animals from overcrowded shelters, placing them in loving forever homes, and providing support and resources to pet owners in need. Founded in 2008, they have rescued over 10,000 animals to date. In addition to adoptions they offer programs such as fostering, community vaccination clinics, pet food pantries, and community outreach. Their mission is to end pet homelessness by making pet ownership a joyful and accessible experience for all.

### **About 360 CHICAGO**

360 CHICAGO Observation Deck offers the best views of Chicago from 1,030 feet above the famed Magnificent Mile, atop 875 N. Michigan (the former John Hancock Center). The 17,000-square foot observation deck on the 94<sup>th</sup> floor of the building is also home to [TILT](#) – Chicago's highest thrill ride, and CloudBar, the city's highest cocktail lounge where guests can grab a specialty cocktail and relax while enjoying the view. Follow along on social [@360CHICAGO](#) and [@CLOUDBARCHICAGO](#).

360 CHICAGO is operated by Magnicity, a global leader in elevated urban leisure. Magnicity partners with global tour agencies across four continents, welcoming millions of visitors annually to its experiences at the Paris Montparnasse Tower, Berlin's TV Tower, the Euromast in Rotterdam, the soon-to-be Varso Tower in Poland and, of course, 360 CHICAGO.